Adventure & Activities in Istanbul

Discover Mystic Istanbul

Also known as the "Scavenger Hunt", a great team building event and fantastic opportunity to see and explore the *Grand Bazaar*, the largest "souk" covered oriental shopping mall in the world, where you will find 4,400 shops under one roof where each trade has its own street. There is a wide selection of leather, jewelry, antiques, copperware, souvenirs, and famous hand-made Turkish carpets displayed in this historical shopping center.



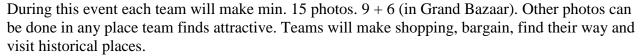
Each participant will be given a map of the Grand Bazaar and another page with the clues to pick up from different shops, leading the participants to the final victory of spotting a treasure within a certain time. Being there, the participants may also pay a visit to a rug and carpet weaving workshop to learn about this art of weaving and try Turkish coffee, tea, or apple tea.

Each team will have 6 people and will get:

- 1. City map
- 2. Road Book with tasks and historical information.
- 3. Pen
- 4. "pocket money" (optional see below)
- 5. For the safety our marshal will be in each team.
- 6. Contact phone number

Rules:

- 1. You have to follow road book instructions in proper order.
- 2. Stay together as a team.
- 3. Do not ask help from our marshal (except of emergency case)
- 4. Always check dead-line" (red time schedule) in your road book, do not be late!



At the end of activity team leaders will give everything they have collected and the photo camera to the head marshal and we will calculate the points. Results can be announced the same evening.

Given cost includes; general control, one local escort for each team, city maps, preparing and printing of road book and transportation from/to the hotel.

Extra Cost;

During the event, we are asking teams to spend some money. This is aprox \in 40 per team (aprox \in 7 per person). This pocket money is used for;

Buying 1 kg "lokum" (Turkish Delight) (1 kg for each team – not per person)

Buying "Turkish spice-set" for each team,

Small souvenir (token) at the Spice Bazaar – 2 each team

Buying Blue Beads at the Grand Bazaar – 2 each team

Buying one bracelet in the Grand Bazaar and 3 post cards



Adventure Race

This is an all day "outdoor" event organized in Polonezkoy – Riva suburbs of Istanbul; beautiful natural area aprox. 90 minutes drive.

Given cost includes activities such as Canadian canoe, mountain bike, rappelling, climbing on artificial wall, trekking, team tasks, and map reading.

All sports equipment, courses, marshalls, ambulance w/doctor also included. Simple lunch with two soft drinks per person is included.









Paintball Game in Istanbul

After breakfast, drive to a very beautiful park in Istanbul called *PARKORMAN* to have an exciting *Paintball Game*.





Paintball is a fairly recent sport, but easily one of the fastest-growing all over the world. There are millions of registered players who also called it as "adventure game" or "survival

game". Actually, games themselves are usually quite simple; capture the flag (either a single flag or two or more teams fight for, or each team has its own flag and the other side tries to

grab), elimination (a knockout game where all members of the side must be eliminated), timed (winner is the team with most players remaining). Individual-oriented games usually simply elimination (the last player left

wins the game) or may involve a point system hits.

The paintball (0.68 caliber, gelatin-coated ball filled with vegetable oil paint) travels at a velocity of 250-300 feet per second. This is enough to sting unprotected flesh when struck, nowhere near the speed – or danger – of a slapshot or a line drive. Nonetheless, players required to wear safety gear to protect their face. Customers get full face gear which covers



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eyes, nose and mouth. No player is allowed onto playing field – even onto the firing range – at any time without a proper mask. Players at this field are also provided with protective camouflage gear, which not only makes players harder to spot, but also absorb of the impact and most of the paint.

It is a very safe sport. Hits may sting at many times, but they are very unlikely to cause any real pain or injury to a properly dressed player with appropriate safety gear.

The rules can be summarized as follows:

- Safety goggles must be warn at all times
- No shooting at the neck or head. No blind shooting.
- No shooting into or out of registration, neutral zones or parking area. Barrel plugs are required in these areas.
- No physical contact among the players during the game
- Avoid field hazards such as fences, ruts, vines... These should be reported to the field operator
- No alcohol is allowed
- No verbal abuse
- Judge decisions are final. Players are not allowed to argue with any judge.
- The games, normally takes about 45 60 minutes (each set is 15 minutes and the game has 3 sets).

Cost includes; transportation from/to the hotel and guiding. Meals, beverages and the award are NOT included.

Dragon Boat Race

Each boat accommodates maximum 12 - 16 people and for the group of 100 we shall need 8 boats. This is a half day event and cost includes transportation from/to the hotel, boats and life jackets. Lunch is NOT included.





Big Picture

Making a big picture out of many small pieces of canvasses...

The aim of the game is;

- Communication
- Unity
- Creativity
- Seeing and being a part of the "bigger picture"
- Team work
- FUN



Teams produce an impressive masterpiece from separate canvasses; Melaleuca group is separated into 5 groups of 6 people. And each team gets their pieces. Sub teams and the total team work together to produce an effective and impressive result.





The big picture can be a company logo or any other picture and the company may wish to hang an individual canvas up in their office rooms as a reminder of how easily things get done when they work as a team.

Adventure on the Island

The adventure is set up in Heybeliada, one of the Princess Islands in the Marmara Sea and Melaleuca group will be teams of 4. Each team receives a set of map,

group will be teams of 4. Each team receives a set of map, card, road book and a question book. The aim of the game is moving around the island and visit as much possible control within the shortest time possible.

DISCOVER ISTANBUL			
NN	м	DIRECTION	DESCRIPTION
1	60M	r,	Leave Spice Bazaar from Haseki Kapisi(gate), and turn right
2	150M	₩′	You will see Yapı Kredi Bank from your lett keep right
3	20M	-	Find Albabag Tekstil store and take left
4	45M	-	One more left after Bereket Inci
6	90		Continue by the same street and find Mahmutpaga Hapisi(gate) of Grand Bazaa





points

The schedule is as follows;

09:30 Arrival at Heybeliada (by local ferry boat)

09:30 – 12:30 Morning phase

12:30 – 13:30 Lunch

13:30 – 16:30 Afternoon phase

17:30 Departure

Teams will walk, run and ride mountain bikes, horse carriages (phaetons) and donkeys. There will be control points where the teams will punch their cards of wher they go and find clues and take photos for proof.





Trophy Day

There are many problems to be solved in different situations and you have to discover the limits of your team; you have to communicate and trust! Above all you have to have FUN!

Melaleuca teams of four get the name of the first station from their marshal. By following the signs, each team will navigate themselves to the first game station. After completing one game, teams will proceed to the next station.

The game takes place in the outskirts of Istanbul, Silivri. Each team gets;

- Team passport
- Different color numbered bibs
- Promotion gifts (optional)

Teams will complete six different tasks to be chosen from below games;

Through the Abyss

After the great earthquake, your team is trapped in a small island surrounded by abyss. You have some construction materials close to you. You have to reach them and make your own bidge.

Island

Now, you have another trouble; a deep marsh on your way. Luckily, there are some islands and a log to help your team to cross this dangerous zone





Climbing Wall

This is a 6 m high wall and two

the same time. They are tied to each other with a rope, so they have to climb with the same speed.

Spider Web

There is a net on your way that you must pass.

But the spider who made it is not a regular one; will allow the group to pass only if they will follow the rules







Caterpillar

The teams will use the wooden caterpillar to cross the marsh. But it is not "ready to use" as it needs to be assembled. And teams are not allowed to touch the ground.

Blind-deaf

An important plate was broken! The task of the to fix it; but those who give orders cannot hear or are allowed to touch anywhere. The eyes of his/her team tied up by scarves. One "blind" and one "deaf" will broken plate...



teams is not mate are fix the

Pyramid

Teams need to rebuild a pyramid. The place it stands is not they need to move it to a safer area. Pieces must be carried in order.



safe and special